

March 2019 - HOPE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
<i>Week 1</i>	23	24	25 Tobacco Notes Assigned	26 Walk & Jog 12 Minutes outside.	27 Tobacco Notes Due.	28
<i>Week 2</i>	30 CH 21 Notes Assigned	31 Select a body weight workout from the online link and com- plete it.	1	2 Walk & Jog 12 Minutes outside.	3 Ch 21 Notes Due	4

APRIL 2020 - HOPE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 <i>Week 3</i>	6 <i>Alcohol Video & questions assigned.</i>	7 <i>Select a body weight workout from the online link and complete it.</i>	8 <i>Alcohol Video & questions Due</i>	9 <i>Ch. 21 Quiz Assigned</i> <i>Walk & Jog 15 minutes or Ride bike for 30 min</i>	10 <i>Ch.21 Quiz Due</i>	11
12 <i>Week 4</i>	13 <ul style="list-style-type: none"> <i>Ch22 Notes on Drugs Assigned</i> <i>Drug Video & Questions Assigned</i> 	14 <i>Select a body weight workout from the online link and complete it.</i>	15	16 <i>Walk & Jog 15 minutes or Ride bike for 30 min</i>	17 <ul style="list-style-type: none"> <i>Ch22 Notes on Drugs Due</i> <i>Drug Video & Questions Due</i> 	18
19 <i>Week 5</i>	20 <i>Drug Awareness Project Assigned</i>	21 <i>Select a body weight workout from the online link and complete it.</i>	22	23 <i>Walk & Jog 18 minutes or Ride bike for 40 min</i>	24 <i>Drug Awareness Project Due</i>	25
26 <i>Week 6</i>	27 <ul style="list-style-type: none"> <i>Ch24 Notes on STD's Assigned</i> <i>Movie & Questions Assigned</i> 	28 <i>Select a body weight workout from the online link and complete it.</i>	29	30 <i>Walk & Jog 18 minutes or Ride bike for 40 min</i>	<ul style="list-style-type: none"> <i>Ch24 Notes on STD's Due</i> <i>Movie & Questions Due</i> 	

MAY 2020 - HOPE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
<i>Week 7</i>	4 <ul style="list-style-type: none"> Ch.27CPR First AID Notes Assigned CPR First AID Video & Questions assigned 	5 Select a body weight workout from the online link and complete it.	6	7 Walk & Jog 20 minutes or Ride bike for 40 min	8 Ch.27CPR First AID Notes Due CPR First AID Video & Questions Due	9
<i>Week 8</i>	11 Final Exam Study Guide Assigned	12 Select a body weight workout from the online link and complete it.	13	14 Walk & Jog 20 minutes or Ride bike for 40 min	15 Final Exam Study Guide Due	16
<i>Week 9</i>	18 Kahoot Review Assigned	19 Select a body weight workout from the online link and complete it.	20 Final Exam Assigned	21 Walk & Jog 20 minutes or Ride bike for 40 min	22 Final Exam Due	23
	25	26	27	28	29	30